



**MAP** Multi-Agency  
Partnership BC  
*Working Together for Refugee Claimants*

# MAP Member Agency News

MAP Bulletin # 8

February 28, 2024

**Dear MAP members,**

*How are you doing?* We will keep you up to date with any changes to refugee claimant services as they happen - and if you have information that you would like to share with MAP please email [info@mapbc.org](mailto:info@mapbc.org).

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## **MAP NEWS!**

Thank you to everyone who attended the MAP meeting on February 22<sup>nd</sup>

It was lovely to see you all!

A special thank you to our presenters, Eduardo Aragon and Khalil from the Legal Aid Navigators program : )

If you need to get in touch with Eduardo, you can reach him at [eduardo.aragon@legalaid.bc.ca](mailto:eduardo.aragon@legalaid.bc.ca) / 236-788-4156

The next MAP meeting will be on March 28<sup>th</sup> at Options Community Services in Surrey!

Thank you to Options for hosting us!

Make sure to **mark it in your calendars** and see you on March 28!

*Thank you for all you are doing to support vulnerable refugee claimants*  
*Sara Lopez, Sireen El Nashar and Katya Avalos, MAP Executive*



## Ignite '24 Feria de Empleo y Recursos para Mujeres

Conectando a las mujeres con oportunidades profesionales y recursos

Únase a nosotros en el Día Internacional de la Mujer mientras nos reunimos para generar inspiración y fomentar conexiones dentro de una comunidad diversa de personas que se identifican con orgullo como mujeres.

Reúnanse con empleadores | Conéctese con recursos comunitarios  
Recursos de formación | Mejore su red  
Excepcionales y dinámicos expositores | Disfrute de refrescos y premios

Jueves, 7 Marzo  
5:00-7:30 PM

Surrey City Hall  
Atrium  
13450 - 104 Ave., Surrey

[Regístrate aquí](#)



We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Municipal Affairs.

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MAP news  
bulletin  
Feb28, 2024

## Ignite '24 Women's Employment & Resources Fair

Connecting Women with Career Opportunities and Resources

Join us on International Women's Day as we come together to ignite inspiration and foster connections within a diverse community of individuals who proudly identify as women

Meet with Employers | Connect with Community Resources  
Training Resources | Enhance Your Networking  
Exceptional & Dynamic Speakers | Indulge in Refreshments and Prizes

Thursday,  
March 7th  
5:00-7:30 PM

Surrey City Hall  
Atrium  
13450 - 104 Ave., Surrey

[Register Here](#)



We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Municipal Affairs.



# BIENVENIDXS TRABAJADORXS MIGRANTXS

CELEBREMOS EL INICIO  
DE LA TEMPORADA **2024**

**10**  
DE MARZO

Habrán rifas, juegos,  
regalos, información  
y trámites



Tendremos  
ricos tacos de  
guisado:

- Chorizo con papas
- Bistec a la mexicana
- Frijoles fritos

**¡TODO GRATIS!**

DE **1:00** PM A **4:00** PM

**10595 KING GEORGE  
BOULEVARD**  
Surrey, BC

**Canada**  
150  
Proudly by the Government of Canada



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Immigrant Service Centre



## Enhancing Your Job Interview Skills

The interview is a crucial part of securing a job. Mastering what to say and how to present yourself can significantly impact your success. Join our workshop where we will provide you with valuable tools and tips to effectively prepare for job interviews.

### Topics include:

- Different types of interviews
- Level up online job interviews
- Tips for before, during, and after an interview
- The importance of nonverbal communication
- Common questions in a job interview and the best ways to answer them
- Questions to ask at the end of an interview

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

Please leave a message with your full name and phone number.

## Workshop Highlights

Friday, March 8  
10:00 am – 12:00 pm

Landing your dream job requires excellent interview skills. It is very important to know what to say and how to present your qualifications and convince the interviewer that you are the best candidate for the job.

Speakers: Sholeh Amirhosseini,  
Employment Services Specialist  
(CDEP) and Olesia Arzamasheva,  
Employment Services Specialist

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

Online via Zoom  
Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.



MAP news bulletin Feb28,  
2024



## BC Medical Services Plan (MSP)

### اطلاعات مفید درباره سیستم بیمه در بی سی

- این جلسه برای آشنایی مهاجران با جزئیات سیستم خدمات درمانی در کانادا برگزار میشود و حوتن مطالب زیر میباشد
- چه کسانی واجد شرایط بیمه هستند
- نحوه ثبت نام و موارد پوشش خدمات پزشکی
- میزان حق بیمه و شرایط معافیت از آن
- تخفیف دارویی یا فرما کر / نحوه ثبت نام
- میزان تخفیف دارویی / فرمهای مربوطه
- آشنایی با برنامه تخفیف حق بیمه / نحوه ثبت نام
- آشنایی با برنامه بیمه تکمیلی فرزندان و بزرگسالان
- آدرسها و شماره های پزشکی مورد نیاز
- پرسش و پاسخ

برای ثبت نام و در صورت نیاز به کسب اطلاعات بیشتر با شماره تلفن 604-988-2931 تماس حاصل فرمائید و یا دکتر موضوع ویرکتاپ ، نام و شماره تلفن خود را بکنارید تا با شما تماس گرفته شود.

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

## Workshop Highlights

Tuesday, March 12  
10:00 am – 12:00 pm

This program is for Farsi-speaking residents on the North Shore.

### Topics will include:

- Medical Services Plan
- Fair Pharmacare
- Regular Premium Assistance
- BC Healthy Kids
- Tele-Health
- Question & Answer Time

### Details:

This workshop is presented in Farsi.

This workshop is open to newcomers and immigrants.

### Online via Zoom

Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

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## How to Sign Up for Online Services with the CRA and Apply for Benefits

This workshop will guide you to set up a Canada Revenue Agency *My Account*.

### Topics include:

- Benefits of using CRA online services
- Setting up your *My Account*
- Using your *My Account* to apply for benefits

For more information and to register contact:  
Yvonne Xian, [yvonnex@impactnorthshore.ca](mailto:yvonnex@impactnorthshore.ca) or  
604-988-2931

MAP news  
bulletin  
Feb28, 2024

## Workshop Highlights

Wednesday, March 20  
11:30 am – 12:30 pm

Join this workshop to learn how to sign up for you CRA *My Account* and apply for related benefits online.

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

### Online via Zoom

Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.





### Newcomer Information Session جلسه توجیهی برای مهاجرین تازه وارد به زبان فارسی

اینسپکت نورث شور از شما دعوت میکند در جلسه اطلاعاتی رایگان که برای تازه واردین برگزار می شود، شرکت فرمایید. این جلسات به زبان فارسی برگزار میشود و شما با خدمات موجود در کانادا و نورث شور آشنا خواهید شد.

این جلسه حاوی اطلاعات زیر می باشد:

- آشنایی با خدمات موجود در این سازمان - برنامه های آموزشی برای خانواده ها
- یادگیری زبان انگلیسی - زندگی روزمره در کانادا
- کارهای و تحصیل - مسکن
- سیستم بیمه و درمان - ارتباط با جامعه و کارهای داوطلبانه
- سیستم مالیاتی - سیستم وسایل نقلیه عمومی
- مزایای اجتماعی - قوانین سینمایی و تعدادی بی آر کارت

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

### Workshop Highlights

Friday, March 8  
10:00 am – 12:00 pm

This free orientation session will help you and your family to understand and connect to the services available on the North Shore and in Canada.

### Details:

This workshop will be presented in Farsi.

This workshop is open to all newcomers and immigrants.

Online via Zoom  
Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

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### Newcomer Information Session جلسه توجیهی برای مهاجرین تازه وارد به زبان فارسی

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- یادگیری زبان انگلیسی - زندگی روزمره در کانادا
- کارهای و تحصیل - مسکن
- سیستم بیمه و درمان - ارتباط با جامعه و کارهای داوطلبانه
- سیستم مالیاتی - سیستم وسایل نقلیه عمومی
- مزایای اجتماعی - قوانین سینمایی و تعدادی بی آر کارت

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

### Workshop Highlights

Friday, March 22  
1:30 pm – 3:30 pm

This free orientation session will help you and your family to understand and connect to the services available on the North Shore and in Canada.

### Details:

This workshop will be presented in Farsi.

This workshop is open to all newcomers and immigrants.

Online via Zoom  
Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.



## BC Family Benefits

### اطلاعات مربوط به مزایای خانواده در بی سی

این جلسه برای آشنایی مهاجران با جزئیات مزایای موجود در کانادا برای خانواده‌هایی که فرزند زیر 18 سال دارند برگزار میشود و حاوی مطالب زیر میباشد:

**مزایای حق اولاد و مالیات (Canada Child Tax Benefit, GST/ HST)**

- شرایط استفاده از یارانه ثبت نام فرزند در مهد کودک

- نحوه ثبت نام / فرمهای مربوطه / مدارک مورد نیاز

**(Child care Subsidy)**

- شرایط استفاده از کمک اجاره

- نحوه ثبت نام / فرمهای مربوطه / مدارک مورد نیاز

**(Rental Assistance Program)**

- آدرسها و شماره‌های مورد نیاز

- پرسشی و پاسخ

برای ثبت نام و در صورت نیاز به کسب اطلاعات بیشتر با شماره تلفن 604-988-2931 تماس حاصل فرمایید.

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

## Workshop Highlights

Thursday, March 28  
10:00 am – 12:00 pm

This program is for Farsi-speaking residents on the North Shore with children under 18 years of age.

Topics will include:

- COTB and GST/HST
- Child Care Subsidy
- Rental Assistance
- Question & Answer Time

### Details:

This workshop is presented in Farsi.

This workshop is open to newcomers and immigrants.

Online via Zoom

Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

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## Hidden Job Market and Networking

This workshop offers actionable insights and straightforward strategies for uncovering hidden job opportunities and fostering meaningful connections to enrich your career journey.

Topics include:

- Introduction to the hidden job market
- Effective networking strategies
- Leveraging social media platforms for networking
- Navigating professional networking events

Seats are limited, register early.

For more information and to register contact:  
YESS program, [yess@impactnorthshore.ca](mailto:yess@impactnorthshore.ca) or  
604-988-2931 ext. 240/341  
Please leave a message with your full name and phone number.

The YESS Program supports youth to navigate the labour market, strengthen job search strategies and skills, enhance soft skills, and gain work experience opportunities.

## Workshop Highlights

Wednesday, March 6  
4:00 pm – 5:30 pm

Don't miss out on this workshop that will provide you with the essential knowledge and strategies to uncover unadvertised job opportunities and establish valuable connections.

Guest Speaker: Samantha Kent  
Practice Lead – Strive Recruitment

Facilitator: Ryo Nakazawa, Youth  
Employment Worker

### Details:

The workshop will be presented in English.

This workshop is open to newcomers and immigrants.

Online via Zoom

Details to provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

MAP news  
bulletin  
Feb28, 2024





## Job Interview Skills

During this workshop, we will provide you with tools and advice to assist in your preparation for job interviews.

### Topics include:

- Preparing for the interview
- Etiquette and appropriate dress code
- Common interview questions
- Inquiries to pose to the employer
- Utilizing the STAR format to organize your interview responses.

Seats are limited, register early.

For more information and to register contact:

YESS program, [yess@impactnorthshore.ca](mailto:yess@impactnorthshore.ca) or 604-988- 2931 ext. 240/341

*Please leave a message with your full name and phone number.*

The YESS Program supports youth to navigate the labour market, strengthen job search strategies and skills, enhance soft skills, and gain work experience opportunities.

## Workshop Highlights

Tuesday, March 12  
4:30 pm – 6:00 pm

A large part of securing a job is the interview. Knowing what to say and how to present it makes all the difference. Join this workshop to learn important skills to help you be successful in job interviews.

**Guest Speaker:** Eva Luptakova,  
Talent Acquisition Advisor,  
Vancouver Coastal Health

**Facilitator:** Nazie Soleimanipour,  
YESS Program Coordinator

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

Online via Zoom  
Details to be provided after registration

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

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## Workplace Communication and Etiquette

Gain insights into professional etiquette as well as communication norms to thrive in a Canadian workplace setting.

### Topics include:

- Canadian workplace cultural norms
- Professional introductions, email, and communication etiquette
- Professional relationship building

Seats are limited, register early.

For more information and to register contact:

YESS program, [yess@impactnorthshore.ca](mailto:yess@impactnorthshore.ca) or 604-988- 2931 ext. 240/341

*Please leave a message with your full name and phone number.*

The YESS Program supports youth to navigate the labour market, strengthen job search strategies and skills, enhance soft skills, and gain work experience opportunities.

## Workshop Highlights

Wednesday, March 20  
4:30 pm – 6:00 pm

Join us to elevate your professional presence. Discover the art of crafting compelling emails that secure job interview invitations, navigate appropriate conversation topics, and embody the etiquette expected in dynamic workplaces.

**Guest Speaker:** Colleen Cheung,  
Senior Human Resources Operations  
Associate, STEMCELL Technologies

**Facilitator:** Nazie Soleimanipour,  
YESS Program Coordinator

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

Online via Zoom  
Details to be provided after registration

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.





## Careers in Nursing

This nursing career information session offers firsthand insights from an industry expert, providing valuable knowledge for anyone considering a career in this field.

### Topics include:

- Sharing personal career growth and experiences in the nursing field
- Various job roles, types, and what they entail
- Tips on getting starting and advancing in the nursing field
- Comparison between travel nursing and traditional nursing roles.

Seats are limited, register early.

For more information and to register contact: YES program, [yess@impactnorthshore.ca](mailto:yess@impactnorthshore.ca) or 604-988-2931 ext. 240/341

Please leave a message with your full name and phone number.

The YES Program supports youth to navigate the labour market, strengthen job search strategies and skills, enhance soft skills, and gain work experience opportunities.

## Workshop Highlights

Monday, March 18  
4:30 pm – 6:00 pm

Discover in-demand roles, essential skills, and industry trends crucial for success in this dynamic field. Whether you're a student or a professional looking to enter or advance in Nursing, this session offers valuable insights.

Guest Speaker: Denyse Rai Unita,  
Registered Nurse

Facilitator: Nazie Salemanipour,  
YES Program Coordinator

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

Online via Zoom  
Details to be provided after registration

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

Funded by:



Immigration, Refugees and Citizenship Canada

Financed by:

Immigration, Refugees and Citizenship Canada

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## Professional Employment and Labour Market Information

### اشتغال حرفه ای و اطلاعات بازار کار

آیا می‌دانید چگونه اطلاعات بازار کار بر فرآیند جستجوی کار تأثیر می‌گذارد؟  
در این کارگاه آموزشی، ما دانش شما را در مورد اطلاعات بازار کار تقویت می‌دهیم و شما را در مورد راه‌های دسترسی به حرفه تخصصی خود راهنمایی می‌کنیم.  
در این جلسه، اطلاعات مفیدی در مورد زیر دریاقت خواهید کرد:

- تعریف دسته بندی شغل هایی که به مجوز نیاز دارند.
- طبقه بندی مشاغل در کاتگوری یا تاک NOC چیست
- اهمیت دانستن اطلاعات بازار کار در پیدا کردن شغل
- مراحل گرفتن مجوز اشتغال
- شغل های جایگزین
- ۷۵ پرسش نمونه ی جستجوی شغل بصورت آنلاین

سخنران: شعله امیرحسینی (CDPI)  
کارشناس خدمات کارایی و توسعه شغلی

برای ثبت نام و اطلاعات بیشتر با دفتر ما تماس بگیرید.

Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or 604-988-2931

Please leave a message with your full name and phone number.

## Workshop Highlights

Wednesday, March 6  
10:00 am – 12:00 pm

Join our session to learn how to make informed decisions about your education and career. Discover how labor market data can reveal current trends and potential opportunities in your chosen career path.

Speaker: Sholeh Amirhossini (CDPI)  
Employment Services Specialist

### Details:

This workshop will be presented in Farsi.

This workshop is open to newcomers and immigrants.

Online via Zoom  
Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore

This program is government funded and free of charge.

Funded by:



Immigration, Refugees and Citizenship Canada

Financed by:

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MAP news  
bulletin  
Feb28, 2024





## Careers as a Community Worker

Join this workshop to learn how you can have a rewarding career in a community organization!

### Topics include:

- Getting a job in a community organization
- What positions available for immigrants
- Educational and other qualifications necessary for employment
- Soft skills and personal aptitudes that will help jobseekers
- Finding volunteer opportunities in the field

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

### Workshop Highlights

Tuesday, March 12  
4:00 pm – 5:30 pm

Do you have a passion for helping people? Then a career as a Community Worker could be a good fit for you! Join our workshop and learn how to prepare for a job in a community organization.

Guest Speaker: Jessica Fan  
Community Connection Worker-  
Impact North Shore

### Details:

This workshop will be presented in English.

This workshop is open to newcomers and immigrants.

### Online via Zoom

Details to provided after registration

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free-of charge.

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## Employment Mentoring: Careers in Child Care

### جلسه اطلاعاتی برای مشاغل مختلف در مهد کودک ها

اگر علاقه‌مند به کار در مهد کودک یا مایل به تاسیس مهد کودک هستید، شما دعوت می‌شوید در جلسه‌ای که در تاریخ 27 مارچ برگزار می‌شود شرکت نمایید.

در این جلسه در مورد موضوعات زیر صحبت خواهد شد:

- چگونگی اخذ مجوز تاسیس مهد کودک
- مشاغل مختلف در مهد کودک
- آموزش‌های لازم برای کار در مهد کودک
- مکان‌هایی که این آموزش‌ها را در نورت شور آرایه می‌دهد
- اطلاعات در مورد بازار کار این مشاغل و منابع برای اطلاعات و ارتباطات بیشتر

Host: Homa Soltani

برای ثبت نام و کسب اطلاعات بیشتر با ما تماس بگیرید:

Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
Homa Soltani, [homas@impactnorthshore.ca](mailto:homas@impactnorthshore.ca) or  
604-988-2931

این جلسه به زبان انگلیسی برگزار می‌شود.  
لطفاً نام، نام خانوادگی و شماره تلفن خود را برای ثبت نام ذکر نمایید.

### Workshop Highlights:

Wednesday, March 27  
4:00pm – 6:00pm

Join this mentoring session if you worked in childcare in your first country or are interested in working in childcare. Learn about the process of getting a job in this field, required education, and licensing to run or work in a childcare facility in Canada.

Guest Speaker: Behnaz Lotfi, ECE  
Early Childhood Educator

### Details:

This workshop will be presented in Farsi.

This workshop is open to newcomers and immigrants.

### Online via Zoom

Details to provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.

MAP news  
bulletin  
Feb28, 2024



IRANIAN CELEBRATE

# CHARSHANBE SURI

**16  
MARCH**

**FREE EVENT WITH  
FIRE WORK & DRINK  
YARROW PIONEER PARK  
4390 KEHLER ST, CHILLIWACK**

**4 PM  
TO  
7 PM**

"Charshanbe Suri" is one of the important Iranian celebrations on the last Wednesday of the Persian calendar year. People celebrate this day with various festive activities such as throwing colored powders (colorful powder play) and lighting bonfires to bid farewell to the passing year.



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MAP news bulletin Feb28, 2024

CELEBRATE

# Norouz

IRANIAN NEW YEAR

**23  
MARCH**

**DRINK & ENJOY FOOD**  
beside live music, dance  
Chilliwack cultural centre  
Rotary hall studio theatre

**6 PM  
TO  
8 PM**

A symbolic illustration of Norouz is setting up a decorative table called Haft-Sin in every home.

See reverse for more information on Norouz!



# It's Time to about sex trafficking.



**T.A.L.K.**

At **The Canadian Centre to End Human Trafficking**, we have a vision for a strong Canada without sex trafficking. In order to eradicate it, we need to start talking about the realities.

Concerned family and friends make up the second largest group of people reaching out to the [Canadian Human Trafficking Hotline](#) for support. Many of them are unsure of what to do or say if someone they love is being trafficked or at risk of being exploited.

To mark National Human Trafficking Awareness Day on February 22, we are sharing information to help everyone "talk the T.A.L.K." and facilitate these crucial conversations around sex trafficking, especially with young people.

The downloadable resource, created in consultation with survivors of sex trafficking, is called "[It's Time to T.A.L.K.](#)" – which stands for **T**each Yourself About the Issue; **A**pproach the Conversation with Care; **L**isten and Adapt; and **K**now There is Help.



[Click Here to View](#)

If you suspect that you or someone you know may be being exploited, if you want to access support, or if you want to learn more, call **1-833-900-1010** or reach out via chat at

<https://www.canadianhumantraffickinghotline.ca/>



# E-Learning Course: LGBTQIA+ Newcomers: Strengthening Support and Understanding (Part 2) – AMSSA

## Brief Description:

AMSSA has released this comprehensive e-learning course is designed to further enhance the capacity of service providers and community members with the necessary knowledge and tools to effectively to support LGBTQIA+ newcomers.

## Summary:

Building upon the foundational principles introduced in [Part 1 \(2015\)](#), this e-learning course contains interactive chapters and real-world case studies allowing participants to gain practical insights and strategies for creating inclusive environments, fostering a sense of safety, and belonging, and delivering culturally competent services. From navigating sensitive conversations to making informed referrals, this course equips learners with the skills and confidence to provide meaningful support to LGBTQIA+ newcomers, ensuring their diverse needs are met with empathy and respect.

Upon completing this course, participants will have acquired:

- Advanced LGBTQIA+ terminology and concepts
- Understanding diversity bias and intersectionality
- Global issues and challenges facing LGBTQIA+ populations
- Creating safe and inclusive spaces
- Effective communication strategies
- Meaningful referrals and resources



**Link 1:** [E-Learning Course: LGBTQIA+ Newcomers: Strengthening Support and Understanding \(Part 2\) - AMSSA](#)



Refugee Research Network



February 26 2024: RRN Research Digest

[Read digest on RRN Website click here](#)





# Employment Workshop: Resume Building & Interview Success



**Feb 22 & 29, Mar 14 & 28, 2024**  
**Thursdays, 4:00-6:00 pm**  
@Sunrise Welcome Place  
100-2732 E. Hastings St. Vancouver

**Free!**

## In this workshop, you will learn about:

- What information to include on your resume & cover letter
- Resume writing practice activities
- Interview Tips
- Canadian Workplace Culture
- LinkedIn

- ✓ A follow-up 1-1 session is available upon request for a customized resume, cover letter and mock interview.
- ✓ The session will be delivered in Farsi and English
- ✓ Eligibility: Permanent Residents, Work Permit Holders, Refugees, Refugee Claimants & Naturalized Citizens.
- ✓ Childminding service is available.



## Registration:

**Parvin Fatemi**  
236-833-4193, or  
parvin@froghollow.bc.ca

Funded by / Financé par:



MAP news  
bulletin Feb  
2024

**PDF  
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**REPEATS**

**Frog Hollow**  
NEIGHBOURHOOD HOUSE  
*Creating Our Community Together*

Are you new to the country?  
Have questions about life in Canada?  
Do you want to build connections?

**Get informed, get empowered on local  
community services!**

# COMMUNITY CONNECTIONS

A 10-week free program for newcomers, permanent residents, refugee claimants and citizens

**EVERY TUESDAY**  
**APRIL 9 - JUNE 11, 2024**  
**9:30 AM - 12:00 PM**

In-person at Frog Hollow Neighbourhood House,  
2131 Renfrew St. Vancouver

*\*Child-minding is provided*

Funded by / Financé par:



**Inquiries/ registration?**  
Contact **Eva** at  
eva@froghollow.bc.ca



# Presentación del impuesto sobre ingresos en Canadá. Lo que necesita saber.

Su declaración de impuestos sobre la renta personal vence el 30 de abril de cada año

## Esta clase es para:



Solicitantes de refugio y otros recién llegados

## Información de la clase

**Clase de español:** martes 5 de marzo de 6:30 p.m. a 8 p.m. en  
Facilitadora de Zoom: Nathalie de Servicios Familiares Vancouver

**Clase de inglés** Lunes 11 de marzo de 6:30 p.m. a 8 p.m. en  
Facilitador de Zoom: Thao de Servicios Familiares de Vancouver

**Regístrese en línea:** [www.inasmuch.ca](http://www.inasmuch.ca) en 'Clases'. El enlace de zoom se le enviará por correo electrónico después de registrarse

## Los temas incluirán:

- Deducciones en tu nómina, qué son y qué significan
- ¿Quién debe declarar impuestos en Canadá?
- Cuándo declarar la declaración de impuestos
- Cómo declarar tus impuestos
- Documentos necesarios para declarar sus impuestos
- ¿Qué pasa si no declaras tus impuestos?



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# Filing Income Tax in Canada What You Need to Know

Your Personal Income Tax Return is due April 30 every year

## This class is for:



Refugee Claimants and other newcomers

## Class Information

**Spanish Class:** Tuesday, March 5 6:30pm to 8pm on Zoom  
Facilitator: Nathalie from Family Services Vancouver

**English Class:** Monday, March 11 6:30pm to 8pm on Zoom  
Facilitator: Thao from Family Services of Vancouver

**Register online:** [www.inasmuch.ca](http://www.inasmuch.ca) under Classes  
The zoom link will be emailed to you after you register

## Topics will include:

- Deductions on your paycheque, what they are, and what they mean
- Who needs to file taxes in Canada?
- When to file your taxes
- How to file your taxes
- Documents needed to file your taxes
- What happens if you don't file your taxes?





BC SETTLEMENT AND INTEGRATION SERVICES  
**PRE-EMPLOYMENT SERIES**  
 For Refugee Claimants



<b>THURSDAY</b> MARCH 7, 2024 10AM - 12PM	<b>FRIDAY</b> MARCH 8, 2024 10AM - 12PM	<b>MONDAY</b> MARCH 11, 2024 9AM - 5:30PM
Introduction to services Overview of processes Roadmap to Employment	Emotional Wellness Online Digital Safety Job Search strategies & Workplace Culture	First Aid Training Session 
<b>THURSDAY</b> MARCH 14, 2024 10AM - 12PM	<b>FRIDAY</b> MARCH 15, 2024 10AM - 12PM	 <b>10362 King George Blvd,          Surrey, BC V3T 2W5</b>
Resume Building Do's and don'ts Building a resume to Canadian standard interview skills	Individual Mock Interviews Practice your interviewing skills!	

**Registration & enquiries**

**Lesly Cruz**  
 lesly.cruz@options.bc.ca  
 604-809-7618

**Pooja Grover**  
 pooja.grover@options.bc.ca  
 604.892.6161

Scan this code to register



[bit.ly/PreEmp0324](https://bit.ly/PreEmp0324)

We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Municipal Affairs.



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MAP news bulletin  
 Feb 2024

**Settlement & Integration Program**

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations



**After-School Literacy Program (Online)**

**Feb 21 th - April 24 th, 2024**  
**Wednesdays 4:00 - 5:00 pm**



**Fostering a love for learning:  
 Empowering kids through reading, writing, and creativity**

- Foster a love for reading and writing among children
- Boost self-confidence and creativity through interactive activities
- Provide a supportive environment for kids to explore their potential

For more information to register, please contact  
 Xinrui: xinrui@burnabynh.ca

**WWW.BURNABYNH.CA**

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (salilwath), Kwikwetlan (kwikwetlan), Squamish (Sqwamish/Gwamsh) and Musqueam (mwaakwam) nations with a unique focus on neighbours supporting neighbours



4880 Beckett Street  
 Burnaby, BC V5H 0S8  
 (In front of Metrosave Signs)  
 (604)431-8400



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THE UNIVERSITY  
OF BRITISH COLUMBIA

Faculty of Education  
Department of Educational  
& Counselling Psychology,  
and Special Education



## Syrian Parents Needed

### UBC Research Study

Help us understand the challenges  
newcomer parents experience in Metro  
Vancouver in a two hour group interview.  
Separate groups for men and women.

#### Who can participate:

- Arabic speaking parents/caregivers with at least one child between 0 and 15. *Both parents must participate.*
- Arrived in Canada in the past 5 years.
- **\$50 gift card per family for participating.**
- Transportation tickets available.

Location:  
Burnaby  
Neighborhood  
House (BNH) 4460  
Beresford St. #100,  
Burnaby, BC V5H 0B8

#### How to sign up?

Text or call us at +1 (236) 818-0597 (Arabic spoken), or email us  
at [muna.kilani@ubc.ca](mailto:muna.kilani@ubc.ca).

[www.burnabynh.ca](http://www.burnabynh.ca)

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (sal̓wətaʔ), Kwikwaka'wakw (kwikwakaʔ), Squamish (Skwam̓wəʔmesh-Uwumkw) and Musqueam (muskwəʔam) nations with a unique focus on neighbours supporting neighbours.



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Department of Educational  
& Counselling Psychology,  
and Special Education



## نرغب باستضافة أمهات وآباء سوريين

### دراسة بحثية بجامعة كولومبيا البريطانية

ساعدنا على فهم التحديات التي يواجهها الآباء والآباء  
الوالدين الجدد في مترو فانكوفر في مقابلة جماعية  
مدتها ساعتان. مجموعات منفصلة للرجال والنساء

#### من يمكنه المشاركة

الآباء/مقدمو الرعاية الناطقون باللغة العربية ولديهم  
طفل واحد على الأقل يتراوح عمره بين 0 و15 عامًا  
يجب على كلا الوالدين المشاركة  
وصل إلى كندا في السنوات الخمس الماضية  
بطاقة هدايا بقيمة 50 دولارًا لكل عائلة للمشاركة  
تذاكر وسائل النقل العامة متوفرة

الموقع:  
بيرثاي ليفورهد هاوس  
(BNH) 4460 Beresford  
St. #100, Burnaby, BC  
V5H 0B8

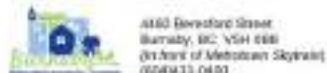
#### كيفية الاشتراك؟

أرسل لنا رسالة نصية أو اتصل بنا على الرقم +1 (236) 818-0597 (باللغة العربية)  
أو أرسلنا عبر البريد الإلكتروني على [muna.kilani@ubc.ca](mailto:muna.kilani@ubc.ca)

[www.burnabynh.ca](http://www.burnabynh.ca)

Burnaby Neighbourhood House هي وكالة مدفوعة من المجتمع وممولة من المجتمع وتقع في الأراضي غير المستقرة في Tsleil-Waututh (sal̓wətaʔ), Kwikwaka'wakw (kwikwakaʔ), Squamish (Skwam̓wəʔmesh-Uwumkw) و Musqueam (muskwəʔam) الدول ذات التركيز القوي على دعم الجيران لبعضهم البعض.

MAP news bulletin  
Feb 2024



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Immigration, Refugees  
and Citizenship Canada

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and Citizenship Canada





**Muslim  
Food Bank**  
Community Services

*presents*

# Girls Night

*Every 3rd Friday 5:30 - 7:30 pm*

*12941 115 Ave Unit 104, Surrey, BC*

*Ages 13+*

*Join us on February 16th!*



Calling our young sister ages 13 and up!  
Join us for Girls Night at Muslim Food Bank **March 15<sup>th</sup> (every third Friday)**! This is an exciting opportunity for young sisters in the community to meet and develop bonds with other young sisters in a safe and supervised space. Sisters will get a chance to experience volunteering at Muslim Food Bank and discuss Islamic values with their peers too! Don't miss out!

Click the link to sign up!

Registration link:

<https://www.eventbrite.ca/e/girls-night-tickets-759941524557>





**Muslim  
Food Bank**  
Community Services

MUSLIMFOODBANK.COM/RAMADAN-CHALLENGE  
OR TEXT 604-626-7635

# Ramadan FOOD DRIVE CHALLENGE



- Organize a Food Drive at School, Work or Home
- Prizes for Top 3
- Open to All Ages!

## Donations Required

Pasta, Rice, Sugar, Chickpeas, Lentils, Flour, Tuna  
Monetary donations are most welcome as we buy in bulk.



Join the Muslim Food Bank's Ramadan Food Drive Challenge! This holy month, we're gathering essential staples - rice, flour, pasta, and tuna - to support families in need.

Monetary donations are also welcome, enabling us to buy in bulk and extend our reach. Let's come together to make a significant impact during Ramadan. Donate today and be part of this incredible challenge!

To Register visit: [muslimfoodbank.com/ramadan-challenge](https://muslimfoodbank.com/ramadan-challenge)

Or Text us at: 604-626-7635





**The Gaza Family Reunification Project** is circulating a call for potential litigants as part of a Federal Court challenge of the poor implementation of the IRCC Gaza Pathway.

We are specifically looking for applicants who fall in one of the following groups:

- 1) applicants who have submitted crisis webforms and are still waiting for a Unique Reference Code,
- 2) applicants who had their statutory declarations unreasonably rejected, and
- 3) applicants who have submitted complete applications and are still waiting for a decision.

If you belong to one of these groups and are interested in participating in this court challenge, please fill out this form:

<https://forms.gle/MRXFJuLgShuRBYAc7>

Our team will be reviewing responses to the form and contacting viable potential litigants directly.

This litigation is being undertaken pro-bono.

Hana Marku

Principal Lawyer, Marku & Lee Immigration

**NOTE: The Gaza Family Reunification Project is an ad-hoc collective of Canadian immigration and refugee lawyers. Nothing in this message should be considered legal advice. For legal advice, please consult directly with a lawyer.**