



MAP Multi-Agency
Partnership BC
Working Together for Refugee Claimants

MAP Member Agency News

MAP Bulletin # 124

April 20, 2022

Dear MAP members,

How are you doing? Three years into the pandemic this question is even more important and one that MAP will focus on during the pandemic and the unrest caused by overt and covert racism - providing support through online MAP meetings. We will keep you up to date with any changes to refugee claimant services as they happen - and if you have information that you would like to share with MAP please email info@mapbc.org.

MAP MEETING – THURSDAY APRIL 28, 9:30 AM

Please register [here](#) to attend and select your breakout room. The Agenda is posted below. Make sure your voice is heard in MAP decision making on matters related to refugee claimants.

INTERPRETERS NEEDED

The MAP BCIHC Support Program for the CBSA Detention Centre has got off to a great start!

To help everyone who needs it we have recruited a wonderful pool of 20 volunteer interpreters who speak many languages. But there are some languages we have not yet covered, or we need more: notably we need **Punjabi, Dogri, Cantonese and Japanese** interpreters. If you have some experience interpreting (no need to be certified) and have some time to give on a Thursday afternoon once in a while, please email info@mapbc.org. We have training and a supportive group to welcome you!

WORLD REFUGEE DAY plans are becoming more concrete. We are planning an in-person MAP Member Agency MarketPlace in Surrey on June 20 this year! Get in touch if you would like your agency included - and volunteer to help make this event happen. Please contact info@mapbc.org We need, and we welcome all sorts of help. More information will be shared at the MAP Meeting including a beautiful Vancouver event.

For those agencies and individuals also concerned with services for **displaced Ukrainians** the Provincial Government has set up a useful link to find or donate services and materials. Go to: <https://news.gov.bc.ca/releases/2022MUNI0014-000565>

Thank you for all you are doing to support vulnerable refugee claimants
Jenny Lam, Thanh Lam - and the other Jenny!



MAP Meeting Agenda

Thursday, April 28, 2022: 9:30AM – 12:00PM

Online meeting via Zoom

9:30AM Welcome from Co-Chair: Thanh Lam, Mount Pleasant Neighbourhood House

- Acknowledgement, Welcome and Introductions
- Housekeeping and Outline of Agenda
- Review of March Minutes

9:40 AM Presentation: CBSA Updates
Gary Sidhu, Manager: Detentions Operations – CBSA

10:00 AM MAP BCIHC Support Program
Jenny Lam & Program Team

10:25 AM Announcements: - IRB Updates
World Refugee Day News

10:35 AM Break: take your break with friends in a breakout room:
3 Breakout rooms: MAP BCIHC Program, Settlement, Housing

11:05 AM Reconvene

11:10 AM Report back on MAP Strategy Meeting – what comes next?

11:25 AM BC CHARMS Update – Marzieh

11:35 AM Agency Updates concerning refugee claimants only please

11:50 AM Feedback Poll – please complete before you leave!

12:00 PM Adjournment – Next meeting: May 26, 2022

Finding Peace with Ponies

Many of you will recognize Richard Belcham (past MAP Co-chair and former ED of Inasmuch) in the photo.

Richard is heavily involved in learning about and helping to provide 'riding therapy' to children who arrived in the UK as refugees. You can read his article about the benefits of this approach to refugee children here:

<https://cavaliercentre.org/finding-peace-with-ponies/>

Richard sends greetings to all at MAP and hopes you enjoy the article.





Let's talk about parenting & practise English

ENGLISH CONVERSATION CLUB

For all newcomers, permanent residents, refugee claimants and citizens

FREE Child-minding, bus tickets & snacks are provided!



6 MONDAYS
MAY 9, 16 & 30, JUNE 6, 13 & 20
10:00 AM - 12:00PM

IN-PERSON
@2131 RENFREW ST. VANCOUVER



Contact **Maysa** to register:
236-688-6297
maysa@froghollow.bc.ca

Funded by / Financé par:



WelcomeBC



Immigration, Refugees and Citizenship Canada

Immigration, Réfugiés et Citoyenneté Canada



Poster also attached

JOB OPPORTUNITIES:

EXECUTIVE DIRECTOR – UMBRELLA MULTICULTURAL HEALTH CO-OP

Please see the job description and application procedure **attached in PDF** for a new Executive Director at UMHC

The **Refugee Sponsorship Training Program (RSTP)**, administered by **Catholic Crosscultural Services (CCS)**, is looking for a qualified candidate to represent our program in Vancouver and support private sponsors across British Columbia. A detailed job description for the position of the **RSTP Trainer for British Columbia (based in Vancouver)** and the instructions how to apply can be found [here](#).

Please share this vacancy announcement with your networks and encourage interested candidates to apply.

Thank you!

Warm regards,

Ekaterina

Ekaterina Pak Manager | Refugee Sponsorship Training Program | Catholic Crosscultural Services

Tel: 604-283-9319 | epak@rstp.ca

Located inside MOSAIC Head Office | 5575 Boundary Road, Vancouver, V5R 2P9 | www.rstp.ca



Refugee Research Network

**- RRN Research Digest -
April 14, 2022**

[Read Digest on RRN Website](#)

The RRN digest is issued bi-weekly to highlight the latest academic and non-academic resources on Refugees and forced migrants. We encourage readers to [email us](#) any articles, reports, or research related to refugee/forced migration studies to be considered in the forthcoming editions. Open-access versions are always a preference

REPEATS

Upcoming READY Tour Dates - Vancouver, April-May 2022

Virtual READY Tours on Microsoft Teams will be offered on the following dates:

- April 22nd (Friday) - 9:30-11:30am
- May 6th (Friday) - 9:30-11:30am
- May 20th (Friday) - 9:30-11:30am

Referral:

To refer a client to the READY Tour please email ready@refugeeclaim.ca , masi@kinbrace.ca or go to [www.https://refugeeclaim.ca/en/ready-tours/](https://refugeeclaim.ca/en/ready-tours/)

All refugee claimants as well as service providers are welcome to attend Ready Tour sessions.

Interpretation:

Interpretation can be provided for anyone who requires it. Please indicate in the referral email what language is required.

Contact:

For more information please contact:

Masi Allahverdi

READY Tour Organizer

ready@refugeeclaim.ca

masi@kinbrace.ca

604-362-1070



Taking care of your health during **RAMADAN**

Stay Hydrated

Keeping hydrated while fasting is very important

- ✓ The best beverage of choice is water. Try to drink as much water as possible in the early morning or throughout the night.
- ✓ Cucumber, mint and pineapple smoothie. Cucumbers contain 95% water and helps with dehydration.
- ✓ Water with cucumber slices and/or mint
- ✓ 1 cup of fruit juice
- ✓ Rooh Afza drink (Tip: don't add additional sugar to the mix. Instead add half of the usual amount of the syrup)
- ✓ Other ways to include fluid is to enjoy a bowl of stew or soup

Avoid beverages with

- ✗ Caffeine, like coffee or tea, as they can dehydrate the body
- ✗ High sugar beverages such as lattes, sports drinks or energy drinks as they don't provide much nutrition

Cucumber, mint and pineapple smoothie

- 1/2 cup sliced cucumber with skin
- 1 cup cubed pineapple
- 1/2 large ripe, peeled, banana
- 1/4 cup light coconut milk
- 1/2 cup water
- 1 medium lime, juiced
- 1 large handful greens (spinach or kale)
- 2-4 ice cubes

Blend all in the blender!



Balanced Meal Tips

Vegetables and fruits
(half plate): salad, whole fruits, whole vegetables, sabji and or fruit smoothie.

Treat: Who doesn't like to enjoy fried foods (samosa and pakora) and sweets (sheer khurma)? They are tasty to the tongue but they do not provide the nutrients or the long lasting energy that your body needs. Eat these treats in moderation.

Tip- bake or air fry instead of frying your food



Protein: meat, poultry, fish, eggs or plant based proteins like baked beans, lentils, tofu, nuts, seeds and nut butters. Dishes like tandoori chicken, daal and kebabs.

Complex Carbohydrates: whole grain bread, pita, oats, brown rice and wild rice.

Fraser Health provides healthy tips for Ramadan Nutrition

See poster attached in:

- English
- Arabic
- Farsi
- Somali
- Urdu

**Sehat Program | South Asian Health Institute
Fraser Health | Better Health. Best in health care.**

www.fraserhealth.ca/sahi

SURVIVOR ADVOCATES CAPACITY BUILDING PROGRAM SPRING 2022

WHAT: An experiential-based learning program that will focus on advocacy themes, advocacy skills, and opportunities to engage in advocacy work in the community.

WHEN: Starting Spring 2022. Weekly for 10 Sessions (exact date to be determined)

WHO: Offered by the Vancouver Association for the Survivors of Torture (VAST) in collaboration with the Victoria Coalition for Survivors of Torture (VCST).

WHO IS ELIGIBLE: Persons who are Convention Refugees (CRs); Protected Persons (PPs); Government Assisted Refugees (GARs); Privately-Sponsored Refugees (PSRs); Blended Visa Office-Referred Refugees (BVORs); Permanent Residents (PRs); or Citizens.

PROGRAM REQUIREMENTS: The program will be delivered in English. Access to a stable internet connection. Access to Zoom (free virtual conferencing software). Brief conversation to assess participant readiness. Upon completing the program participants will receive a joint certificate from VAST, VCST, and the Office of the High Commissioner for Human Rights (OHCHR)

NEXT STEPS: Those interested are invited to complete a brief (5 minute) application form at:

<https://forms.gle/hD7Mj8BDENW3VoDr8>.

email: fatima@vast-vancouver.ca for more information, or call Luke at 604.283.6618

VAST's SURVIVOR ADVOCATE PROGRAM

Please see PDF attached

This program is open to former VAST clients, protected persons, convention refugees, GARs, sponsored refugees, blended visa office referred refugees, PR's and citizens.

More information?

Contact Luke at 604-283-6618

Fatima at fatima@vast-vancouver.ca

Settlement & Integration Program

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations

Let's Chat Conversation Club

Come and join us to:

- Practice and improve your English
- Meet friends from different cultures
- obtain information and resources
- Share your thoughts and talents



To register,
please scan



Date: Every Tuesday
Time: 1:30-3:00pm
Location: Online by Zoom

www.burnabynh.ca

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔ), Kwikwetlem (kʷikwələm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.

Burnaby Neighbourhood House presents:

Dali's Conversation Club

Sessions are on every Tuesday afternoon from 1:30 to 3:00 by Zoom. Please feel free to share it with your clients. Everyone is welcome. People can register by scanning the QR code on the poster, or using the following link.

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZYvc--prjItG90ab2tzANHxyHFrTWIduq54>

After registering, they will receive a confirmation email containing information about joining the meeting. This is a repeating session so participants don't need to register every time.

PDF of Poster attached

We're hiring again!

You may be interested - or know someone else who might be a good candidate for one or both opportunities.

Housing Worker

- 6-month contract (paternity leave cover)
- 30hrs/week

The Housing Worker works to fulfill the mandate of Kinbrace's Housing Program. This role will help newly arrived refugee claimants transition from homelessness into transitional housing at Kinbrace, and then into safe and secure permanent housing in BC's Lower Mainland and Fraser Valley.

[Full Housing Worker Job Posting](#)

[Learn more and Apply](#)

Employment Worker

- 2-year contract
- 25hrs/week

The Employment Worker works to fulfill the mandate of Kinbrace's Employment Program. This role will help develop and run the Employment program to help refugee claimants gain meaningful employment and increase their economic stability.

[Full Employment Worker Job Posting](#)

Both job postings close at 5PM PST on April 25, 2022.

To find out more and to apply, please go to: <https://kinbrace.ca/current-opportunities/>



THE UNIVERSITY OF BRITISH COLUMBIA

Centre for Migration Studies

UPCOMING EVENTS

April 28, 12:15 - 2:00 PM (*virtual*)

[The Power of Narrative Storytelling](#)

Speakers: Amea Wilbur, Zahida Rahemtulla, Emily Amburgey, **Shanga Karim***, Diary Khalid Marif, Camille McMillan Rambharat

MAP Note: **Shanga Karim** has spoken at MAP events and is the local coordinator of the Shoe Project.

May 18, All-day Workshop (*in-person*)

[Workshop: Public Views of Immigration and Diversity: Causes and Consequences for Policy](#)

Sponsored by the Konrad Adenauer Foundation and organized by the Centre for Migration Studies, University of British Columbia

Full newsletter: [https://us2.campaign-archive.com/?e= test_email &u=2db73754aa063a11345d7f683&id=8a71eb8130](https://us2.campaign-archive.com/?e=test_email&u=2db73754aa063a11345d7f683&id=8a71eb8130)

POPULATION CHANGE IN BRITISH COLUMBIA

The [population size and growth rate of municipalities](#) are key indicators to help municipal policy makers and administrators plan the direct services and infrastructure their population needs, such as emergency services, schools, hospitals, roads, social services and parks. One of the strengths of the Census of Population is that it provides reliable data on these topics at the community level.

[Ranking of the 10 most populated municipalities, 1901 to 2021](#)

The interactive ribbon chart is a data visualization product that shows the evolution of the most populated municipalities over time. It depicts the top 10 municipalities (also called [Census Subdivisions](#)) ranked by population for each census year.

The data present the population counts for the 10 most populated municipalities for all census years from 1901 to 2021. This product is available for Canada, provinces and territories, and shows data at the municipality level.

For more regional highlights on population changes over time, please see the attached document.

THEMATIC MAPS

[Thematic maps](#) show population growth rates from 2016 to 2021 of municipalities located in each province and territory, and growth in the selected largest urban centres (also called [Census metropolitan areas](#)), by neighbourhoods ([also called Census tracts](#)).



REFERENCE MATERIALS, 2021 CENSUS

Reference materials are designed to help users make the most of census data. They cover various aspects of the census and are intended to support the use of data. Every effort has been made to simplify the text or add helpful explanations to the technical content in order to make the information accessible to as many people as possible.

In an effort to provide users the information they need as soon as possible, reference guide definitions and concepts, questions, classifications, concepts over time, and collection and processing information have been published on our website.

[Filling the gaps: Information on gender in the 2021 Census](#)

This fact sheet provides the context for the addition of the gender question on the 2021 Census, as well as the definitions related to gender and sex at birth. It also explains what gender-related information will be available in the April 27th, 2022 Census release.

[Video: 2021 Census: Sex at birth and gender - the whole picture](#)

This short video provides an overview of the sex at birth and gender questions used in the 2021 Census and details how they will help us have a more detailed and current portrait of the population and society.

For more information, please click the following link: [2021 Census of Population reference products](#)

NEXT CENSUS RELEASE

April 27, 2022

Age

Sex at birth and gender

Type of dwelling

StatsCAN – NEW MOBILE APP

Statistics Canada has launched a new mobile app. Find trusted unbiased facts at your fingertips! [StatsCAN](#) was made available in the Apple App Store and Google Play Store.

For more information about other releases, please click the following link: [2021 Census Release Dates](#)