



MAP Multi-Agency
Partnership BC
Working Together for Refugee Claimants

MAP Member Agency News

MAP Bulletin # 123

April 13, 2022

Dear MAP members,

How are you doing? Three years into the pandemic this question is even more important and one that MAP will focus on during the pandemic and the unrest caused by overt and covert racism - providing support through online MAP meetings. We will keep you up to date with any changes to refugee claimant services as they happen - and if you have information that you would like to share with MAP please email info@mapbc.org.

MAP NEWS

INTERPRETERS NEEDED

The MAP BCIHC Support Program for the CBSA Detention Centre has got off to a great start!

To help everyone who needs it we have recruited a wonderful pool of 20 volunteer interpreters who speak many languages. But there are some languages we have not yet covered, or we need more: notably we need **Punjabi, Cantonese and Japanese** interpreters. If you have any experience interpreting (no need to be certified) and have some time to give on a Thursday afternoon once in a while, please email info@mapbc.org. We have training and a supportive group ready to welcome you!

WORLD REFUGEE DAY is just around the corner (June 20) and we are envisaging an in-person MAP Member Agency MarketPlace this year! Watch this space for more information - and if you can volunteer to help make this event a reality please contact info@mapbc.org We need and we welcome all sorts of help

MAP MEETING – THURSDAY APRIL 28, 9:30 AM

This month CBSA will provide the regular update and we will also share information about the MAP BCIHC Support Program Invitation and Agenda out tomorrow!

Thank you for all you are doing to support vulnerable refugee claimants
Jenny Lam, Thanh Lam - and the other Jenny!

News highlights: Refugee claimant- related articles from Canada and around the world

April 13, 2022

Please see a list of interesting articles gathered by MAP from across Canada and globally ([PDF attached](#))

*Thanks to Journey Home's **Barry Growe** for his research and compilation:*

- [Asylum seekers – people you want to hire](#)
Australian Red Cross undated
- [UNHCR: Climate change, Covid crisis tripling plight of refugee women](#)
Nation, Kenya Edition March 29
- [Young refugees leading from the front in defining their future](#)
Nation, Kenya Edition April 12
- [South Sudan qualifies for special funds as it plays exemplary host to refugees](#)
World Bank April 6
- [Ukrainian files to be prioritized \(includes refugee claims\) in Canada](#)
IRB April 7
- [Human rights commissioner calls on BC to end migrant detention in BC jails](#)
Vancouver Sun April 4
- [Some Irish families 'unable to cope' with housing refugees](#)
Irish Times April 4

Upcoming READY Tour Dates

Vancouver, April-May 2022

Virtual READY Tours on Microsoft Teams will be offered on the following dates:

- April 22nd (Friday) - 9:30-11:30am
- May 6th (Friday) - 9:30-11:30am
- May 20th (Friday) - 9:30-11:30am

Referral:

To refer a client to the READY Tour please email ready@refugeeclaim.ca , masi@kinbrace.ca or go to [www.https://refugeeclaim.ca/en/ready-tours/](https://refugeeclaim.ca/en/ready-tours/)

All refugee claimants as well as service providers are welcome to attend Ready Tour sessions.

Interpretation:

Interpretation can be provided for anyone who requires it. Please indicate in the referral email what language is required.

Contact:

For more information please contact:

Masi Allahverdi

READY Tour Organizer

ready@refugeeclaim.ca

masi@kinbrace.ca

604-362-1070



Taking care of your health during RAMADAN

Stay Hydrated

Keeping hydrated while fasting is very important

- ✓ The best beverage of choice is water. Try to drink as much water as possible in the early morning or throughout the night.
- ✓ Cucumber, mint and pineapple smoothie. Cucumbers contain 95% water and helps with dehydration.
- ✓ Water with cucumber slices and/or mint
- ✓ 1 cup of fruit juice
- ✓ Rooh Afza drink (Tip: don't add additional sugar to the mix. Instead add half of the usual amount of the syrup)
- ✓ Other ways to include fluid is to enjoy a bowl of stew or soup

Avoid beverages with

- ✗ Caffeine, like coffee or tea, as they can dehydrate the body
- ✗ High sugar beverages such as lattes, sports drinks or energy drinks as they don't provide much nutrition

Cucumber, mint and pineapple smoothie

- 1/2 cup sliced cucumber with skin
- 1 cup cubed pineapple
- 1/2 large ripe, peeled, banana
- 1/4 cup light coconut milk
- 1/2 cup water
- 1 medium lime, juiced
- 1 large handful greens (spinach or kale)
- 2-4 ice cubes

Blend all in the blender!



Balanced Meal Tips

Vegetables and fruits
(half plate): salad, whole fruits, whole vegetables, sabji and or fruit smoothie.

Treat: Who doesn't like to enjoy fried foods (samosa and pakora) and sweets (sheer khurma)? They are tasty to the tongue but they do not provide the nutrients or the long lasting energy that your body needs. Eat these treats in moderation.

Tip- bake or air fry instead of frying your food



Protein: meat, poultry, fish, eggs or plant based proteins like baked beans, lentils, tofu, nuts, seeds and nut butters. Dishes like tandoori chicken, daal and kebabs.

Complex Carbohydrates: whole grain bread, pita, oats, brown rice and wild rice.

Fraser Health provides healthy tips for Ramadan Nutrition

See poster attached in:

- English
- Arabic
- Farsi
- Somali
- Urdu

**Sehat Program | South Asian Health Institute
Fraser Health | Better Health. Best in health care.**

www.fraserhealth.ca/sahi

SURVIVOR ADVOCATES CAPACITY BUILDING PROGRAM SPRING 2022

WHAT: An experiential-based learning program that will focus on advocacy themes, advocacy skills, and opportunities to engage in advocacy work in the community.

WHEN: Starting Spring 2022. Weekly for 10 Sessions (exact date to be determined)

WHO: Offered by the Vancouver Association for the Survivors of Torture (VAST) in collaboration with the Victoria Coalition for Survivors of Torture (VCST).

WHO IS ELIGIBLE: Persons who are Convention Refugees (CRs); Protected Persons (PPs); Government Assisted Refugees (GARs); Privately-Sponsored Refugees (PSRs); Blended Visa Office-Referred Refugees (BVORs); Permanent Residents (PRs); or Citizens.

PROGRAM REQUIREMENTS: The program will be delivered in English. Access to a stable internet connection. Access to Zoom (free virtual conferencing software). Brief conversation to assess participant readiness. Upon completing the program participants will receive a joint certificate from VAST, VCST, and the Office of the High Commissioner for Human Rights (OHCHR)

NEXT STEPS: Those interested are invited to complete a brief (5 minute) application form at:

<https://forms.gle/hD7Mj8BDENW3VoDr8>.

email: fatima@vast-vancouver.ca for more information, or call Luke at 604.283.6618

VAST's SURVIVOR ADVOCATE PROGRAM

Please see PDF attached

This program is open to former VAST clients, protected persons, convention refugees, GARs, sponsored refugees, blended visa office referred refugees, PR's and citizens.

More information?

Contact Luke at 604-283-6618

Fatima at fatima@vast-vancouver.ca

Settlement & Integration Program

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations

Let's Chat Conversation Club

Come and join us to:

- Practice and improve your English
- Meet friends from different cultures
- obtain information and resources
- Share your thoughts and talents



To register,
please scan



Date: Every Tuesday
Time: 1:30-3:00pm
Location: Online by Zoom

www.burnabynh.ca

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (saliwetaʔ), Kwikwetlem (kʷikwələm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.

Burnaby Neighbourhood House presents:

Dali's Conversation Club

Sessions are on every Tuesday afternoon from 1:30 to 3:00 by Zoom. Please feel free to share it with your clients. Everyone is welcome. People can register by scanning the QR code on the poster, or using the following link.

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZYvc--prjItG90ab2tzANHxyHFrTWIduq54>

After registering, they will receive a confirmation email containing information about joining the meeting. This is a repeating session so participants don't need to register every time.

PDF of Poster attached

We're hiring again!

You may be interested - or know someone else who might be a good candidate for one or both opportunities.

Housing Worker

- 6-month contract (paternity leave cover)
- 30hrs/week

The Housing Worker works to fulfill the mandate of Kinbrace's Housing Program. This role will help newly arrived refugee claimants transition from homelessness into transitional housing at Kinbrace, and then into safe and secure permanent housing in BC's Lower Mainland and Fraser Valley.

[Full Housing Worker Job Posting](#)

[Learn more and Apply](#)

Employment Worker

- 2-year contract
- 25hrs/week

The Employment Worker works to fulfill the mandate of Kinbrace's Employment Program. This role will help develop and run the Employment program to help refugee claimants gain meaningful employment and increase their economic stability.

[Full Employment Worker Job Posting](#)

Both job postings close at 5PM PST on April 25, 2022.

To find out more and to apply, please go to: <https://kinbrace.ca/current-opportunities/>



THE UNIVERSITY OF BRITISH COLUMBIA

Centre for Migration Studies

UPCOMING EVENTS

April 28, 12:15 - 2:00 PM (*virtual*) ***NEW***

[The Power of Narrative Storytelling](#)

Speakers: Amea Wilbur, Zahida Rahemtulla, Emily Amburgey, Shanga Karim, Diary Khalid Marif, Camille McMillan Rambharat

May 18, All-day Workshop (*in-person*)

[Workshop: Public Views of Immigration and Diversity: Causes and Consequences for Policy](#)

Sponsored by the Konrad Adenauer Foundation and organized by the Centre for Migration Studies, University of British Columbia

POPULATION CHANGE IN BRITISH COLUMBIA

The [population size and growth rate of municipalities](#) are key indicators to help municipal policy makers and administrators plan the direct services and infrastructure their population needs, such as emergency services, schools, hospitals, roads, social services and parks. One of the strengths of the Census of Population is that it provides reliable data on these topics at the community level.

[Ranking of the 10 most populated municipalities, 1901 to 2021](#)

The interactive ribbon chart is a data visualization product that shows the evolution of the most populated municipalities over time. It depicts the top 10 municipalities (also called [Census Subdivisions](#)) ranked by population for each census year.

The data present the population counts for the 10 most populated municipalities for all census years from 1901 to 2021. This product is available for Canada, provinces and territories, and shows data at the municipality level.

For more regional highlights on population changes over time, please see the attached document.

THEMATIC MAPS

[Thematic maps](#) show population growth rates from 2016 to 2021 of municipalities located in each province and territory, and growth in the selected largest urban centres (also called [Census metropolitan areas](#)), by neighbourhoods ([also called Census tracts](#)).



REFERENCE MATERIALS, 2021 CENSUS

Reference materials are designed to help users make the most of census data. They cover various aspects of the census and are intended to support the use of data. Every effort has been made to simplify the text or add helpful explanations to the technical content in order to make the information accessible to as many people as possible.

In an effort to provide users the information they need as soon as possible, reference guide definitions and concepts, questions, classifications, concepts over time, and collection and processing information have been published on our website.

[Filling the gaps: Information on gender in the 2021 Census](#)

This fact sheet provides the context for the addition of the gender question on the 2021 Census, as well as the definitions related to gender and sex at birth. It also explains what gender-related information will be available in the April 27th, 2022 Census release.

[Video: 2021 Census: Sex at birth and gender - the whole picture](#)

This short video provides an overview of the sex at birth and gender questions used in the 2021 Census and details how they will help us have a more detailed and current portrait of the population and society.

For more information, please click the following link: [2021 Census of Population reference products](#)

NEXT CENSUS RELEASE

April 27, 2022

Age

Sex at birth and gender

Type of dwelling

StatsCAN – NEW MOBILE APP

Statistics Canada has launched a new mobile app. Find trusted unbiased facts at your fingertips! [StatsCAN](#) was made available in the Apple App Store and Google Play Store.

For more information about other releases, please click the following link: [2021 Census Release Dates](#)





(Letter of Endorsement sent by MAP)

March 31, 2022

To: Honorable Jenny Kwan, MP, and the House of Commons Special Committee on Afghanistan

Re: Support of MAP BC and its member agencies to the request for the Canadian government to expand the definition of family for Afghan family reunification.

The agency members of MAP BC, a network of agencies working to support the needs of refugee claimants wish to voice their endorsement of the application to the Special Committee on Afghanistan made by Ms Katherine Moloney on Monday March 28.

MAP wholeheartedly supports the grassroots initiative and campaign, led directly by refugee claimants, and voiced through Tenth Church associated with Journey Home Community, a longstanding MAP member and housing provider for refugee claimants.

MAP, as a collective of agencies, community groups, and individuals, endorses the request to government to expand the current definition of "family" to include parents and siblings, as this expanded definition will be of direct benefit to the well-being of refugee claimants as they resettle in our communities.

On behalf of the Member agencies listed below

Thanh Lam, MAP BC Co-chair
Manager of Youth & Settlement Programs
Mount Pleasant Neighbourhood House

Jenny Lam, MAP Co-chair
Senior Manager of Immigrant Services
Options Community Services Society

See agencies listed over



AMSSA	MCC Newcomers Food Bank
Archway Community Services	Mount Pleasant Neighbourhood House
Baobab Inclusive Empowerment Society	MOSAIC
bc211	Muslim Food Bank and Community Services Society
Burnaby Family Life	New Canadian Clinic
CANN - S.U.C.C.E.S.S	New Hope Community Services Society
<u>College Educacentre</u>	Options Community Services
Covenant House	PICS (Progressive Intercultural Community Services)
DIVERSEcity	PIRS (Pacific Immigrant Resource Society)
Edelman & Co Law Offices	Purpose Society
First Christian Reformed Church	QMUNITY
Fraser Health Region	Rainbow Refugee
Impact North Shore	REACH Community Health Center
inasmuch	Roots Community Health Centre Society
Inter-Cultural Association of Greater Victoria	Settlement Workers in Schools
ISSofBC / SOS	South Vancouver Neighbourhood House
IRIS Project	S.U.C.C.E.S.S.
Journey Home Community	Umbrella Multicultural Health
Jumpstart Refugee Talent	VanCity
Kinbrace	VAST
Kiwassa	Victoria Immigrant & Refugee Community Services
Little Mountain Neighbourhood House	Zaytuna Services Society

FREE ONLINE COURSE

EAL

EVERY SATURDAY APRIL 9 - - JUNE 25 10AM -12PM

Join us to learn about workers rights and gain English as an additional language skills!

I believe that the health and safety course is an asset to have in any kind of job. Health and safety training ensures work longevity. Education is power.
- Community worker

The course EAL Occupational Health and Safety is so important since most of us started as Migrant Workers in Canada...we ought to know all the rights, privileges, and responsibilities as well as the hazards and safety of being a worker in a certain workplace for our welfare and for our families.
- Past Participant

The Occupational Health and Safety Course is eminently essential, not only for the certificate that has given, but its the knowledge gained really matters.
- Past Participant



To register email
ohsadmin@bcfed.ca



Please share this information.

This course is a good opportunity for migrants and refugees.

We meet for 10 sessions on Saturdays from 10 to noon.

Community Workers are welcome to take the course too.

Thanks.

(Poster attached also)

YOUR NEXT STEP VIRTUAL JOB FAIR

Thursday, May 12, 2022
11AM - 4 PM PDT

**Exhibitor Registration
NOW OPEN**



**Register by April 18 on
CareersOnline**
yns.fair@ubc.ca

<https://hireastudent.ubc.ca/career-fairs>



THE UNIVERSITY OF BRITISH COLUMBIA
Centre for Student Involvement & Careers

**More info
overleaf**



Your Next Step - Virtual Job Fair - May 12, 2022

alumni UBC and the UBC Centre for Student Involvement & Careers is delighted to announce that registration is now open for the **Your Next Step Virtual Job Fair** occurring on **Thursday, May 12**. Your organization can connect with countless talented students and alumni from all of UBC's programs and faculties interested in exploring their career opportunities (internships, co-ops, new grad, seasonal, and volunteer roles). This event is targeted at exhibitors interested in recruiting and promoting their brand to UBC students and alumni.

DATE & TIME: Thursday, May 12 from 11 AM to 4 PM (Pacific Time)

LOCATION: Symplicity Virtual Fair Platform on UBC CareersOnline

PRICING: Check out [our website](#) for the full list of exhibitor packages

REGISTRATION: To register, please log into [CareersOnline](#). If you do not have an employer account, then please sign up for a new one. Once logged in, please select "*Your Next Step - Virtual Job Fair 2022 - Register Now*" on the top right corner.

Register [here](#) by Monday, April 18!

Take a look at our [Frequently Asked Questions](#) to get an overview of event structure and set-up.

We look forward to welcoming you to the virtual fair! Please reach out to yms.fair@ubc.ca if you have any questions.